

# HOUSE CLEANING

## Ways For Christians To Break Unsuspected Demonic Strongholds

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by Timothy Cross

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**“Who will rise up for me against the wicked? Who will take a stand for me against evildoers? Unless the LORD had given me help, I would soon have dwelt in the silence of death. When I said, ‘My foot is slipping,’ your love, O Lord supports me. When anxiety was great within me, your consolation brought joy to my soul.”**

—Psalm 94:16-19

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### IMAGES OF AN INVISIBLE WORLD

If the topic of demons makes you uncomfortable, join the club. Most Christians do not like to think about demons, much less entertain the notion that entities so vile and ugly could be directly targeting them. They prefer to operate on the axioms: “*Out of sight, out of mind,*” or, “*What I can’t see won’t hurt me.*” I am writing to tell you that demons are real, but the good news is that Christ is infinitely more powerful and can set you free. You can learn to actively resist Satan and his associates and win. In short, this a “how-to” booklet on boldly, courageously engaging the enemies of your soul. I’m not writing just to fill your head with a bunch of facts, but rather to awaken you to what is really happening around you, and to equip you to do something about it.

Imagine the havoc an evil person could cause if he were invisible, especially if he had physical and psychic powers. He could spy on people, interject lies and negative thoughts, and he would never be detected. Think of the power he would have if he had a whole network of invisible terrorists and saboteurs working for him—especially if he could get people to believe their existence was not real. The power and influence would be incredible.

According to scripture, such forces already exist. If the spiritual veil surrounding you were suddenly removed, you would see not only good angels, but a whole empire of demons, headed by Satan, set on your destruction and annihilation, even as you read this booklet. Like it or not, you are living in a spiritual war zone. [If you are already feeling spiritual resistance as you read this booklet, in the “name of the Lord Jesus Christ” command any harassing spirits to leave you alone.]

Why should you read this booklet? Because you are in a spiritual battle. [You have no choice.] The more you know about the enemy, the better you are armed, the more victories you will win, and the happier you will be. It is that simple.

## JOURNEY INTO THE BATTLEFIELD

A few years ago I began to become frustrated. I had been involved in Christian ministry for almost 20 years, and in those 20 years, as I disciplined people, I began to run across more and more Christians with deep spiritual and emotional problems, who I was unable to help. Having them read I Corinthians 10:13, pray, or make New Year's type resolutions never seemed to fix the problems; whether it was battles with fear, pride, addictions, unforgiveness, anger, delusional thinking, etc.

It was easy to see my pat answers weren't working. I knew the difficulty wasn't with God or His Word. So, where was I going wrong?

Through a series of events, which I won't elaborate, God began to show me the need to take scripture's admonitions about spiritual warfare seriously [e.g., II Corinthians 10:3-7, Ephesians 6:10-18]; specifically as it related to the reality and tactics of demonic entities. While I had always professed a belief in demons, I had done very little in terms of actively resisting them. Contrary to scripture, I acted as though such entities held little sway over my life or the lives of other Christians.—I was mistaken.

I prayed, "*God, will you show me how to minister to people who are demonized?*" [I had no idea the far reaching effects that prayer would have.] A few days later, God began to answer my prayer. While conducting some business at the university near where I live, I bumped into the director for Campus Crusade for Christ. I'd known and respected Dave for years. He was sound theologically, and he was not an extremist in any sense of the word. I asked him how things were going. He responded, "*You won't believe all that has been happening. Let's get together and talk.*" So we did.

Dave shared how a close Christian friend of his had "flipped out," evidencing a personality change, cursing God, and doing totally inexplicable things. He told how he and his friend met with a former Bible college professor, turned counselor, and that in the course of the morning his friend was freed of 10 demons. After Dave got over the initial shock, and the deep feelings of sickness and repulsion when he heard demons speaking through his friend, he told me how his whole understanding of scripture and the power of God had changed.

As the professor disciplined Dave in the area of spiritual warfare, Dave in turn mentored me. Dave remained balanced. He wasn't seeing demons behind every bush. However, he did take scripture seriously. It did not make sense that so many New Testament passages should talk about demons, and that we, in our enlightened generation, should be almost totally ignorant of them.

On one occasion, Dave and I met and prayed with a Christian who had come from a horribly dysfunctional home. She had been sexually and emotionally abused as a child, and was struggling with depression. Dave suspected that some, not all, of her problems might be demonic. As we prayed with this woman, and tested for demons, several demons revealed their presence. Most of them were "ancestral" [family] demons linked to the woman's family of origin. [Note: having her deal with the demonic did not solve all her problems. She continued to receive professional counseling. Getting rid of the demons did, however, free her so she could better begin working on her emotional issues.]

During this same time, I was personally recovering from a huge financial disaster. One morning I awoke with a deep feeling of fear that seemed to reach from my head to my toes. My stomach was in knots. In the past, whenever the feelings hit, I would read the Bible, pray, and rationally "think" my way back to a state of peace. That morning it didn't work. The feelings persisted.

While I was running some errands in my car, it dawned on me, "Maybe these feelings are a demonic attack." So, as I drove along, I said, "*Any spirit of fear coming against me, in the name of the Lord Jesus Christ, I command you to leave me.*" Instantly a peace came over me, the fear lifted, and then, within half a block, I blew the engine in my car. Smoke began pouring out the exhaust.—I am now much more specific when I command a demon to leave. There are to be no "paybacks."

Since that time, God has led me into jobs where I have worked extensively with Satanists and Satanic ritualistic abuse survivors, many of whom have seen human sacrifices. The topic of demonization has long ceased being something theoretical. I now work and do battle on Satan's turf, and I know that what I

am about to share works—with Satanists and Christians alike.

Once, as chaplain, I was called into a psychiatric hospital to do a psychological consult with two teenage Satanists. One of the boy's fathers was a Satanic warlock, and the other boy's grandmother was a high priestess in Satanism. They were hard core, generational Satanists. My belief is that our behavior grows out of our beliefs, and that it would have been futile for me to try to change these boys' behaviors without addressing the beliefs behind their behaviors. So, I began addressing the topic of God. All of a sudden, one of the guy's eyes became glassy, his eyes rolled up in his head, and a deep voice spoke through him, "*Leave him alone. He's mine. You can't have him.*" I calmly, but authoritatively said, "*In the name of Jesus, be quiet and go back down.*" Instantly, the boy was back to full consciousness. Both guys' eyes grew large. They were utterly astounded that the Christ I believed in was greater than the demons they served. From then on, I got along great with them, and I had some wonderful opportunities to talk to them about Christ.

In a previous booklet I wrote, *Playing The Devil's Game: A Hard Look At Satanism*, I discussed demonic activity among Satanists. In this booklet I want to address demonic activity in the lives of believers. As I discuss whether Christians can be demonized, and if so, to what extent, I urge you to keep an open mind. I don't ask that you agree with everything I write. Please study this topic yourself. Read other books and study the scriptures. I'm not writing to split theological hairs. My goal is to help equip you to take back spiritual ground possibly given to Satan so that you can live the most godly, joy-filled life possible. Life is hard enough as it is without having to hassle Satan any more than necessary.

### **CAN CHRISTIANS BE "POSSESSED?"**

In a word, I believe the answer is "*No.*" Demons never *possess* [own] us. We belong to Christ. We were bought with a price, the precious blood of the Lord Jesus [I Corinthians 6:19, 20].

On the other hand, can Christians be *demonized*? While some will disagree, I say, "*Yes.*"—Let me explain. [If you want to study this subject in depth, I highly recommend C.Fred Dickason's book, *Demon Possession and the Christian*, Moody Press.]

Scripture teaches that Christians can be controlled by demons and terrorized by them. Do you recall, in Matthew 16:23, how, when Peter rebuked Jesus for talking about his death, Jesus did not respond, "*Get behind me, Peter;*" rather he said, "*Get behind me, Satan.*" [Satan had spoken his thoughts through Peter.]

In Ephesians 4:26,27 we are told to control our anger lest we give "*the devil a foothold.*" Satan can get footholds in believers' lives when they hold on to known sin. It is like each of us have our own little bonfires [sins] to deal with, and if we don't put out the fires, here comes Satan with his gas can.—Get Satan out of the picture, and the fires become manageable.

In I Corinthians 5:4,5, and in I Timothy 1:20, Paul spoke of handing Christians over to "*Satan*" so they would learn not to blaspheme.—God permits demons to chastise Christians caught in sin.

It has also intrigued me that in Jesus' ministry, as he cast out demons, many of those demonized were in the synagogues. Mark 1:39 says, "*So he [Jesus] traveled throughout Galilee, preaching in their synagogues and driving out demons.*" Centers of worship are not exempt from demonic influence.

What I have discovered in my own ministry is that Christians are often demonized. [Demonization is much closer to the original Greek than the word sometimes translated "demon possessed."] I am not going to debate whether demons can be in a Christian, or whether they control us from without. The point is, that demons can influence Christians, even you and me.

Once an evangelical pastor from a Bible-believing church came to me for prayer because of certain problems which he thought might be demonic. He was plagued with unexplained depressions, thoughts of suicide, anger, etc. Prior to his conversion to Christ this pastor had been a "biker" [motorcycle gang member], and had come from a very dysfunctional home [his mom had been divorced and remarried seven times, etc.]

As a Baptist, this pastor had always believed that Christians could not have demons. However, through the insistence of a mutual friend, he began to consider that possibility. One Sunday morning, as he was

driving his car to church, he felt under a deep cloud of depression. Finally he said, “*Demons, if you are there, show me.*” He reported that he then lifted his sun glasses, looked in the rear view mirror of his car, and he saw two red eyes looking at him, through his own eyes. He was so shaken by the whole experience that he was barely able to preach that morning. Later, that afternoon, a fellow Christian joined me to pray for this pastor. As we did, 13 different demons, many of whom were ancestral, came out of him.

We had this pastor go through a moral inventory of personal and family sins [similar to what is at the back of this booklet], asking him to claim God’s forgiveness for each sin. We then had him renounce all family and personal sins associated with those sins. We then informed the demons that they no longer had any “*legal right to stay*” [I John 2:1,2]. When we commanded them to leave, they did.

Each time we hit upon sins linked to demons, such as demons of divorce and suicide, he would begin to perspire, and his body would convulse and twist. We could occasionally hear growling sounds coming from him. [Note: Often there are no outward, visible, or physical manifestations of demons during times of deliverance.] He described how, when the demons left, he could hear them screaming in his mind.

As one who had been taught in Bible college that Christians could not have demons, he was stunned. The internal suicidal voices left. As he prayed for the filling of God’s Spirit, he felt peace.

In Daniel 9:14-19 and Nehemiah 1:6, Daniel and Nehemiah confessed not only their own sins, but also the sins of their “*fathers.*” In Matthew 23:29-36, Jesus told the Jews that they were guilty of the sins committed by their forefathers. Ancestral demons would explain how the “*sins of the fathers*” could get passed onto the “*children.*” [Exodus 20:5, Isaiah 64:7].

The fact that many of the demons tormenting this pastor were ancestral underscores the importance, and our need, for not only confessing our own personal sins, but also the importance of renouncing the sins of our families [Leviticus 26:39, 40].

Another time, a young man came to my wife and me. He said that he had become a Christian, but felt there were still demons in his life as a result of his past involvement with drugs, having a “spirit guide,” being addicted to pornography, being a former Neo-Nazi, etc.

My wife and I agreed to pray with him. We claimed the Lord’s protection, based on the fact that, as children of God, we outrank and have authority over demons. After praying I began to address any demon(s) present in his life. I said, “*If you are present, I know you can hear me, and in the name of the Lord Jesus Christ, I command you to tell me your name.*”

All of a sudden the man began to convulse, the blood vessels on his neck stood out, his face turned red, and the muscles in his face began to constrict, his fingers curled up like claws, and he began to hiss and growl at me. One by one, as I addressed the demons, they revealed their true identity, and, one by one, as the man renounced the sins associated with each demon, we commanded them to leave, and they did.

Each time we asked a demon whether it had a legal right to remain in his life, the demons would respond, “yes,” and each time we found them anchored to some sin he had not renounced as a believer. For example, he had about \$6,000 worth of German memorabilia from his neo-Nazi days which he had not destroyed. [Read Acts 19:18,19 and see how those in the occult should destroy their articles of worship, and things related to the occult.]

I vividly recall what happened when the first demon left. He was sitting in a recliner. When we commanded the demon to leave, the man’s body gave a big jerk, almost upsetting the chair, his head turned upwards and to the left, like a great invisible hand had just reached inside him and pulled something out of him. His body went limp. He fell to the floor, and began to sob that he had ever allowed such vile creatures inside him.

As the case of the former Neo-Nazi and the pastor demonstrate, demons seem to attach themselves to us through personal sins, which are often deep-rooted and long-standing, or through the sins of our ancestors which have not been renounced. [Lest I cause you undue worry, rarely will committing one sin open you up to demonization, unless the sin is tied to the occult, or unless you have a strong predisposition to that sin through your ancestry.]

If you are struggling with obsessive thoughts you can’t control, habits you can’t break, voices in your

head which accuse you and put you down, irrational fears and anger, of if you are finding it difficult to pray and read the Bible, etc., then, just maybe, you are dealing with some demonization. This does not mean you are a lousy Christian. Nor does it mean your confrontations will be as dramatic as some of the examples I have shared. Most are not. It does, however, mean you should test to see if demons are present.

## **TWO WAYS OF ENCOUNTERING DEMONS**

In Christian circles today there are two primary ways in which demons are confronted. The first is what is known as a *power encounter*. In a power encounter the demons are commanded to reveal their names, and tell why they are in the person. The Christian whom the demons are harassing then renounces the demon(s), and whatever sins they are linked to: either personal sins or ancestral sins. Then, the demons are commanded to leave. [A book I highly recommend if you want to learn more about power encounters, from both a Biblical and counseling viewpoint, is the *The Adversary*, by Mark Bubeck.]

The second approach is gentler and less traumatic, and is called a *truth encounter*; a term coined by Dr. Neil Anderson of Freedom In Christ Ministries. Truth encounters focus on the fact that sins [personal or ancestral] are what give the demons legal entry to a believer's life. Therefore, the Christian is asked to do a moral inventory of his/her life, renounce all personal and ancestral sins which may be linked to those areas, inform the demons that they no longer have any legal right to remain because of the cleansing power of Christ's blood, and then, through the authority given in Christ, the demons are told to leave.

Both power encounters and truth encounters work. I generally encourage truth encounters initially for a number of reasons: First, they are gentler and less frightening. Secondly, it does not exalt or allow the demons(s) to *show-time* it or to *strut their stuff*. Thirdly, why get information from demons which can more reliably be gotten from the Holy Spirit? He is the one who empowers both types of spiritual encounters.

Whichever approach is used, the goal is still the same: break the demons' hold. This booklet is primarily designed to help you do a truth encounter, but I will give you information regarding power encounters. It is helpful to know how to do a power encounter in case a demon manifests itself before you have a chance to do the truth encounter.

## **UNDERSTANDING DEMONIZATION**

Inter-Varsity Press for years has printed an excellent little booklet entitled, *My Heart Christ's Home*, where the metaphor is used of one's heart being like a home. When Jesus is invited into our hearts, he remains inside the front door. As the person grows in faith, Christ is invited into each room of the house, until finally Jesus is Lord of the entire home, including the dirty closets, the recreation room, etc.

This is a beautiful picture of the Lordship of Christ. Where this metaphor changes when it comes to demonization, is that the demons are like uninvited house guests [bums] that are living in the basement, who refuse to leave. You yell down to the basement and say, "*Hey guy, we have a new owner, Jesus, and you must leave.*" They yell back, "*We're not leaving, because all of our baggage [sin] is here.*" What you need to do is toss their bags out the front door, and tell them they must leave.

Following this metaphor a bit further, Jesus must be invited to "fill" each room and area of the house vacated by the demons. Otherwise, the unwanted bums [demons] may return and bring even more bums with them a second time. See Matthew 12:43-45 where Jesus uses this same metaphor of a house and demons.

Once I prayed for a young man who had a problem with pornography. A demon of pornography identified itself, and after he got rid of his pornography magazines, we commanded the demon to leave and it did. About a year later, late at night, I received a call from the man's wife saying he was curled up in bed with severe cramping and feeling he was under a demonic attack. I went to the man's house. As soon as I started to pray over him, a demon began manifesting itself with hissing and growling. I commanded the demon to reveal its name. It said, "*Pornography.*" The man had fallen back into the trap

of pornography and the second encounter was much worse than the first time we dealt with the spirit of pornography.

If the demons return and find the house vacated, and not filled with the Lord's presence, they may bring back seven more demons, and the last condition will be worse than the first. It would have been better to do no deliverance, than to do a deliverance with a Christian who is not committed to forsaking his/her sin. I never try to do a deliverance unless I know the person is serious about following the Lord. If I don't feel the person is ready, I may pray that God will bind the demons to silence and inactivity, until such time as they can be dealt with, but I will not try to get rid of them.

## GEARING UP FOR BATTLE

Before you tackle any possible demonization in your life, you should know certain truths, and rest on certain promises from scripture.

1. It is crucial that you make a decision to turn your life completely over to Christ, and that you know you are a Christian before you begin dealing with any possible demonization. Confronting demons if you are not a Christian is risky, and you could be putting yourself in danger [e.g., Acts 19:15,16].

I don't mean to be presumptuous, but let me share with you how you can know for sure you are in right standing with God. [If you know you are *saved*, then you can skip to the next section.]

The story is told of a young woman who received a phone call stating her father was ill, and that he only had a matter of hours to live. Because she lived a couple hundred miles away, she got in her car and began frantically driving to see her father. As she was going through a small southern town, she looked in her rear view mirror, and there was a cop car chasing her. Because she was going so fast, the officer didn't merely give her a ticket, he arrested her. The next day she appeared before the local county judge who told her that for going 50 miles per hour above the speed limit, her fine would be \$300 or three days in jail. She pleaded with the judge. "*Your honor, you don't understand. I don't have \$300 with me, and I can't spend three days in jail. I must go see my father who is dying.*" The judge said, "*I'm sorry, young lady, but the law says you must pay \$300 or spend three days in jail.*"

As she began to weep, the judge was moved with compassion. To the surprise of everyone in the court, he stood up, stepped down from the bench, walked over, took off his robe, put on his sport coat, walked around in front of the bench, pulled out his checkbook, wrote a check for \$300, and laid it on the bench. Then he walked back around, took off his sport coat, put back on his robe, and resumed his seat. He said, "*Young lady, the law is very clear. You must pay \$300 or spend three days in jail! But, I see someone has paid the fine for you. Case dismissed!*"

In essence, that is what God did for us. The Bible says that the penalty for sin is death [Romans 6:23]. When we stood condemned, without hope, deserving death and hell, God took off his robe of deity, put on a robe of humanity, became a man in the person of Jesus Christ, and died for us. God did for us what we could never do for ourselves [Romans 5:6]. According to scripture, Jesus is both God and man. He has two natures: one human, the other one divine [Philippians 2:6,7 and Romans 1:3,4]. As man he bridged the gap between us and God. If we have received forgiveness, when we stand before God as Judge, we will be standing before the very One who loved us and paid the fine for us.—Case dismissed!

You must believe that Jesus really did die for your sins: past, present and future, and that he arose from the dead [I Corinthians 15:3-5, Romans 10:9]. Since it is your sin which has been keeping you from God, you must acknowledge your sin and be willing to turn away from it [Mark 1:14,15]. The Bible calls this *repentance*, which simply means to *turn around*.—If you are headed down a one way street the wrong direction, away from God, turn around. As you turn back to God, ask God to forgive you and receive you back. The Bible says that if you will confess [admit] your sins, no matter how great or small they are, God will forgive you [Isaiah 1:18; I John 1:9]. The moment you do this you are totally, 100%, forgiven. Your sins will *never* be held against you [Romans 4:7,8].

As an act of faith, in order to become a Christian, you must invite Jesus to come into your life to be your Savior and Lord. [*Savior* refers to the fact that he *saves* us from our sin, and *Lord* simply means boss, the One

in charge.] It means getting out of the driver's seat, and letting him be in the driver's seat of your life.

Once you do this, not only are you forgiven, but God places his Holy Spirit within you. [Ephesians 1:7-14, Galatians 2:20]. You become a child of God.

Would you go to a stranger's funeral and ask the family of the deceased for a share of the inheritance? You could tell them, "*I'm a good person, and I do nice things for others.*"—Would that impress them? No. They'd say, "*I'm sorry, but the inheritance is for family members' only. We don't even know you.*"

Well, the same is true with God. You must be born into God's family if you expect to *inherit* what is God's. His inheritance is for his children, for those who *know* him. That is why Jesus said unless a person is *born again*, he or she will never see the Kingdom of Heaven [John 3:3-18]. The moment you receive Christ into your life, you are spiritually reborn into God's family. You become a joint heir with Christ [Romans 8:32]. You inherit eternal life, and glory beyond your wildest imagination awaits you [I Corinthians 2:9; 3:21-23; Ephesians 1:3; Romans 8:31,32].

If you meet God's conditions for salvation, which I have just outlined, you can *know* and rest assured you are a child of God; that when you die you will go to Heaven, where you will live with God forever [John 14:1,2; Revelation 21:1-4]. I John 5:11-13 says, "*And this is the testimony: God has given us eternal life, and this life is in his Son. He who has the Son has life; he who does not have the Son of God does not have life. I write these things to you who believe in the name of the Son of God so that you may KNOW you have eternal life.*" [emphasis mine]—How can you *know* for sure that you will go to Heaven? Does it depend on how you feel, or upon circumstances? No. If you do what God says, believe in Christ, God will hold up his end of the bargain. God does not lie.

The Bible says that if you pray and ask for *anything* according to God's will, He will answer you [I John 5:14].—So, is it God's will that you *believe* in and *receive* Jesus? Yes. [See: II Peter 3:9.] Therefore, when you ask God to forgive you and come into your life, you can count on it [Romans 10:9, Ephesians 3:17].

Speaking for myself, I entered into a relationship with Jesus when I was 14 years old. I prayed and asked Jesus Christ to come into my life and forgive me of my sins.—And he did. It was that simple. To my amazement, it worked. God's peace flooded through me. Old feelings of guilt were gone [II Corinthians 5:17]. As I read the Bible, it finally began to make sense. I also began seeing God answer specific prayers, which utterly surprised me. God became real to me. While being a Christian has not always been easy, I wouldn't trade the joy of knowing Christ for anything in the world.

Some day you will stand before God, either forgiven or unforgiven. Hell is one of those horrible doctrines most Christians, myself included, don't like to discuss. However, Jesus talked about it more than all the other Bible writers put together. Not to choose God, and accept his offer of forgiveness, is to choose a life of eternal separation from Him [Daniel 12:2; Revelation 20:11-15; II Thessalonians 1:8-9; Matthew 13:40-43]. God is serious when it comes to sin. God judges sin. If you refuse his forgiveness, and you hang on to your sin, you will die with your sin, like a person refusing to get off the Titanic. If there were any other way, Jesus would not have had to die. There is no other sacrifice acceptable to God than the death of Jesus on the cross. Scripture says, "*Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved*" [Acts 4:12].

There is no sin too great for God to forgive. He loves you. He died for you. Whatever you have done, whatever guilt you are carrying, God is willing to forgive. God does not lie. He promises to forgive you *if* you will but ask [Isaiah 1:18; I John 1:9]. He will give you the strength to overcome any sin [I Corinthians 10:13; Philippians 4:13]. With God's Spirit living in and through you, you can begin to experience God's peace and joy [John 14:27; Galatians 2:20, 5:22; Romans 7:14-8:11].

No one has a deciding vote in this decision but you. God votes for you. Satan, who is also very real, votes against you. According to scripture, there are no second chances in another life [Hebrews 9:27].—The question is whether you are willing to receive him and give your life to him. Jesus said, "*Here I am! I stand at the door [of your heart] and knock. If anyone [you] hears my voice and opens the door, I will come in . . .*" Revelation 3:20.

If you become convinced that what I have said is true, then find a quiet place and make your peace with

God by confessing your sins to him, and inviting Jesus into your life. When you are ready, I suggest you pray something like this: *“Dear Jesus, I thank you for loving me. I am sorry for the ways that I have sinned against you. I believe you died on the cross for my sin. As best as I know how, right now, I invite you to come into my life. Please forgive me, and cleanse me, from all my sin. Make me the person you want me to be. I need you. Thank you for hearing my prayer. Amen.”*

These words are not magical. The important thing is that you mean them [I John 5:11-15].

If you prayed this prayer, I suggest that you table the stuff on demonization temporarily, and that you learn more about what it means to be a Christian. There are some wonderful study guides in most Christian bookstore that can help you grow as a newborn child of God [e.g., material from the Navigators, the Billy Graham Organization, Campus Crusade for Christ, etc.] It is important you have an understanding of what it means to be a Christian before you start testing for demons.

2. Once you know you are a child of God, and what it means to be “in Christ,” then claim God’s promise in I John 1:9: *“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”* IMPORTANT: As soon as you confess and renounce a sin, Satan’s stronghold and legal ground is broken. Once you’re forgiven, demons have no legal right to remain, and you can command them to leave.

3. I encourage you, when you get ready to pray and confront any suspected demons, to have one or two other mature Christians present with you as you begin this process; not only for spiritual protection, but for their emotional and prayer support. This is not only helpful, but healing. God’s Word say, *“... confess your sins to each other, and pray for each other, so that you may be healed.”* [James 5:16]. What you don’t confess and don’t renounce, you keep. For your sake, for your families’ sake, do a thorough job of house cleaning.

4. Don’t get hung up on whether the demons are within you or are controlling you from without. The main point is that if they are controlling you, and bugging you, you want them out and away from you. Right? The Bible says in James 4:7b, *“Resist the devil and he will flee from you.”* I Peter 5:8 says, *“Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith . . .”* Both of these passages emphasize one important truth: you must be willing to *resist* the devil. Resisting is active, not passive. That is why, among other reasons, we as Christians are told to put on the whole armor of God [Ephesians 6:10-18]. The only reason we put on armor is because we are in a real battle. Only players in a football game put on pads. Spectators in the stands don’t worry about whether to wear shoulder pads or a helmet. You only put on pads, or armor, if you’re expecting confrontation.

5. Not counting temptations, the two main ways Satan control Christians is through *fear* and *deception*. If he can bluff us, and get us to fear him, he can control us. If we wise up and resist him, he will flee like a robber trying to hold up a bank by using only his finger inside his coat pocket to represent a gun. As soon as the bank guard challenges him, he runs because he knows he is powerless. The same is true with demons. The only real power they have is the power we give them.

I was counseling a Christian who struggled with a lot of depression. He asked why it persisted. He had ruled out any medical or chemical imbalances, and he couldn’t think of any reason why he remained depressed. I said, *“If you have truly ruled out these first two causes, and you are still battling depression, then it is my guess that you have never really taken your stand against Satan.”* At that point he got serious about spiritual warfare, truly confronted Satan, and the depression left and has never returned. [Note: that might not be the case had it been a chemical imbalance, or had there been true psychological damage he needed to process with a counselor or someone skilled in dealing with damaged emotions.]

I am aware that all of this talk about demons may be taking you out of your comfort zone, and that is OK. Jesus often took his followers out of their comfort zones. That is how our faith grows. For me, my theology about demons has changed very little, but the application of my theology has changed drastically. I always believed in demons theologically. I knew the right stuff. I just never put it into practice; like the guy who said he had the mind of a genius, but he had never had it installed. It took a while, but I finally began bringing my behavior into conformity with my beliefs when I began resisting Satan.

When you start actively confronting the possibility of demons, you will soon discover they are very real, that Jesus was not psychotic when he spoke to demons, and about demons. They are far more active than most of us would like to admit. Whether you ignore them or not, the demons do not ignore you. Why not learn how to defend yourself and how to defeat them?

## CONQUERING YOUR FEAR

II Timothy 1:7 says, “*God has not given us a spirit of fear . . .*” Note, this passage links “*fear*” with an unholy “*spirit*,” something not from God. If you are feeling fear, it is very possible that you are feeling the demon(s)’ fear and not your own. I’m sure they’re not thrilled by you reading this booklet. On more than one occasion, as I’ve met to pray with people for deliverance, they told me that when they walked into the room and saw me they were terrified, but once the prayer session was over, the fear was gone. It was then they realized that they had been feeling the demons’ fear. My point? Don’t yield to fear. You have no need to be afraid. You’re on the winning side. The demons are the ones who should be trembling in their boots.

Do you think God is afraid of demons? Of course not. Demons will try to use fear to keep you from confronting them. Don’t give into them. They are like a third grade playground bully, all mouth but little power when confronted by an adult or an upperclassman. Satan and his host of demons have been disarmed. About the only things they can shoot off are their mouths.

To be honest, the first time I ever had a demon truly manifest itself, it about put me through the back of the chair I was sitting in. It scared the daylights out of me. To my pleasant surprise, whenever I used scripture, or the name of Jesus, the demon obeyed me. I felt like a small child holding a gun in his shaky hand. The guy on the other end was obeying, not because of me, but because of the power I possessed. Until you experience the power of Christ over demons, you have no idea how terrified they are of scripture and the name of Jesus. Bottom line, deliverance in the name and power of Jesus works.

Once, while I was addressing a demon, the man looked up at me and said, “*The demon wants to hurt you.*” I commanded the demon, in the name of the Lord Jesus Christ, to tell him why he couldn’t hurt me. The man’s arms, controlled by the demon, immediately pointed to the left, and the demon said, “*Because of him!*”—I looked, and there was no one there. I said, “*Who?*”, and the demon responded, “*There is an angel standing there!*”

Speaking of angels, they can protect us. Once I had a psychotic man on the psychiatric unit of a hospital threaten to hit me. If looks could have killed, I would have been dead. He finally said, “You must have a strong angel because I can’t hit you.”

Do you recall the pastor I mentioned earlier? When my friend and I first began to pray for him, we were going to do a truth encounter, which are normally very mild and noneventful. We were not going to allow the demons to manifest themselves physically or verbally. I had no more than begun to pray, than, for whatever reason, the demon manifested itself. The chair the pastor was sitting in went flying across the room, and the pastor who must have weighed at least 230 pounds, ended up on top of the table we were sitting around, and he began hissing at me, and coming toward me as if to strangle me.

Because I [thankfully] knew it was a theatrical show by the demon to intimidate me, I did not move. I firmly commanded the demon to “*get down off the table and sit down in the name of Jesus.*” The pastor’s hands stopped about a foot from my throat. After several more firm commands, he got down and was seated. A few minutes later, as the pastor was able to pray and renounce the sin [of suicide] associated with this particular demon, the demon left.

The reason I share these stories is to underscore the fact that you don’t have to be fearful. About the only fear I have is the fear that I will become cocky and prideful, and take my eyes off Christ. To date that has never happened, because I am very aware that the power is not in me but in Jesus.

As I have prayed with various people for deliverance, my fear level has gone down, and my faith has sky-rocketed.

## STANDING WITH AUTHORITY

Authority does not increase with volume. You do not need to yell or scream at demons. When dealing with demons, I suggest you matter-of-factly apply the truth of God's Word, "*in the name of the Lord Jesus Christ. . .*" God has vested you with authority. According to Ephesians 1:17-23, all authority [including authority over Satan and his host of demons] is in Christ. He is *Victor*, and he reigns over all. There is a second truth, and that is that once we become a Christian, we are placed "in Christ" by God the Father. What that means is that all of Jesus' authority and power is at our disposal [Ephesians 1:3, Acts 1:8, etc.].

While I still find dealing with demons disgusting, and I hate what they have done to people, it is so good to know that I can confront them with confidence in the name and authority of Jesus.

## DOING A TRUTH ENCOUNTER

As I mentioned before, I recommend that you have one or two other mature Christians present with you when you go through these steps. This seems to be the Biblical pattern. When Jesus sent his disciples out to minister and cast out demons, he sent them out in pairs. When I pray for people, I will often try to take along someone who is new at deliverance. That way I can begin multiplying my ministry, because by observing me, they learn how to do it themselves.

Once you are ready to do a truth encounter, I recommend the following steps:

**1.** Remember that confidentiality is important. Assure the person that you are not there to act as judge, and that whatever he/she shares will not leave the room without his/her permission.

**2.** Try not to be shocked at what is shared. Most of us have skeletons in our closet we'd rather not discuss, yet in this type of ministry they must be confessed. Over the years I think I have just about heard it all, and often from people I would have least expected it. I have had Christians confess that in their pasts they have sexually abused children, performed homosexual acts, had abortions, been involved in ritual sacrifices, murdered innocent people during Viet Nam, etc. They often are carrying tremendous guilt. Others will share of ungodly abuse they experienced as a child, of being repetitively raped by a parent, neighbor, or family member, etc. Often demons transferred to them during such times of abuse.

Getting rid of the demon(s) may only be the first step to healing. Some people may need spiritual and psychological counseling, depending on the severity of their pasts. If you get in over your head, don't feel you have to be the one to solve everything. Be willing to make a referral to a Christian counselor or psychiatrist who is trained in dealing with abuse and trauma.

**3.** I often like to start my deliverance sessions with a time of prayer and scripture reading. I love Psalm 18 as it speaks of God's great victory over his enemy. Demons seem to especially hate this Psalm. You may even want to have the person being prayed for read it out loud.

**4.** If you, or the other person, is battling fear, read Psalm 91. Remember, the fear you are feeling is not from God [II Timothy 1:7].

**5.** Ask God to break all communications between the demon(s) harassing the person, from demons outside the person.

**6.** Pray that God will put a protective "*hedge*" [Job 1:10] around each of you as you confront the demon(s). Remember, God's holy angels far outnumber the demons. As II Kings 6:16 says, ". . . *Those who are with us are more than those who are with them.*"

**7.** It is crucial that you claim your position "in Christ." [Ephesians 1:3-23; 6:10-18; Colossians 2:9-15]. Never forget that you outrank the demons and have authority over them. As in the case of war, the victorious side sets the terms of surrender. Take control. You set the rules. Be very specific with the demons. Tell them what they can and cannot do.

For example: "*Demon, or demons, if you are present, I know that you can hear me. I call you to attention in the name of the Lord Jesus Christ. I forbid you to manifest yourself physically, and I bind you to silence and inactivity. You are not to leave prematurely, nor call in reinforcements. I break, in the name of the Lord Jesus Christ, all networkings between you and outside demons. If I should ask you a question,*

*I demand that you answer that question and that question alone: nothing more. You are not to use their vocal cords, but reveal the answer to their mind. I forbid you to hide behind \_\_\_\_\_'s personality. We are seated with Christ. We outrank you and have authority over you.*" [Should a demon try to manifest itself, command it to "go back down and be quiet."]

**8.** Ask the Holy Spirit to guide the session, and to bring to the person's mind those sins [specific, as well as general and ancestral] which have given the demons legal access into his/her life. [See the list of sins at the back of this booklet as possible reminders of demonic strongholds.]

If you are the one leading the session, take notes so you will remember which sins have been identified. As you pray for deliverance, check them off your list. Take your time and feel free to pray as often as you feel necessary.

First, have the person renounce all personal sins. For example, "*Dear Lord Jesus, I confess and ask your forgiveness for all sins of \_\_\_\_\_ which I have committed against you. I claim your forgiveness and the cleansing of your blood over all sins of \_\_\_\_\_.*" Ask the Holy Spirit to bring to mind specific sins which may have given demons access into the person's life.

**9.** After the person has renounced all personal sins, have him/her renounce all ancestral [family] sins which may be linked to the particular sin. For example, if the sin being prayed for is lust, pray, "*In the name of the Lord Jesus Christ, I also break all ancestral sins of lust. I renounce any demon(s) which I may have acquired as a result of my ancestors' sins*"

**10.** Once you feel the person has renounced all known sins related to a given area, such as lust, anger, occultism, etc., and have them claim God's forgiveness and cleansing through the blood of Christ. They are now ready to command the demons to leave. Remember, you have the right to dictate the terms of surrender. Here is a sample prayer: "*All demons of \_\_\_\_\_, in the name of the Lord Jesus Christ, you have no legal right to remain in my life. I bind to you any and all demons under your authority, power, and control. I also bind to you any demons who may have transferred into my children as a result of my sin, or my ancestors' sins of lust and sexual sin. I forbid you to in any way, shape, or form retaliate against my family, my possessions, my pets, anyone in this room, or against myself. Your leaving is to be one way, and one way only, never to return unless by the will of God. Now, in the name of the Lord Jesus Christ, I command you to leave me, and go to where the Lord Jesus Christ sends you.*"

NOTE: If the person senses that, for some reason, the demon(s) did not leave as commanded, ask the Holy Spirit to bring to the person's mind any past sins which might still be giving the demon(s) a legal right to remain. [Repeat steps 9, 10.] In rare instances, you might have to do a power encounter [described in the next section].

If you have doubts about any specific sins [personal or ancestral], don't leave any stone unturned. Go ahead and have the person renounce it, claiming the forgiveness of the Lord.

**11.** Lastly, after the demons have been commanded to leave, have the person pray, inviting the Holy Spirit to fill all voids vacated by the demons.

## **HOW TO DO A POWER ENCOUNTER**

Should the time ever come when you feel it would be helpful to do a power encounter, or a situation arises where a demon has manifested itself, it is good to know how to do a power encounter.

For people who are very skeptical regarding the reality of demons, a power encounter can erase doubt rather quickly. With such people, a power encounter may be preferred over a truth encounter, at least in dealing with the first demon. Once the demon has identified itself, as you choose, you can command it to go down, and proceed with a truth encounter. Even when doing a truth encounter, demons may occasionally manifest themselves, even if you don't want them to. Remember, it is the demons who should be afraid, not us.

Let me list some other times when a power encounter may be called for:

**1.** Some people are bothered by territorial demons. Read the account of Legion, in Mark 5:1-20. Note how *Legion* was the spokes-demon for upwards of 6,000 demons in that "area" [verse 10]. In verse 8, the

Greek text uses the imperfect tense, meaning that Jesus was speaking to the demon, and it was not obeying him because there was more than one. [Can you imagine trying to do a truth encounter with 6,000 demons? Pull up a chair because we're going to be here awhile.] Through a power encounter we can find out the name of the chief ruling demon, just as Jesus discovered the demon's name was "Legion."

In talking with those who have had far more experience than I in dealing with territorial demons, prayer is a major weapon in our arsenal. They feel we can pray for angelic assistance and protection. We can plead the blood of Christ over the area of attack: whether a church, a city, an area of land, a house, etc. Just as Jesus did not cast Legion and his demons into the abyss, one Christian worker said he would never try to send a territorial demon to the abyss, because he never knew what kind of demon might replace it. Rather, pray that it will be bound to inactivity.

**2.** A second type of situation where a power encounter might be called for is in dealing with those in the occult: those who have been in Satanism, witchcraft, Voodoo, Black Magik [with a "k" representing evil], etc. Be aware that the person you are praying for may have had curses cast on them, or Satanists who know you are praying for them may try to cast a curse on you or your family. Many Satanists, for example, will try to pray curses on Christians [especially pastors] at 3:00 A.M. as they end their coven rituals. If you think curses may be being prayed on you, it is important to ask for God's holy angels to protect you, and to claim the blood of Christ over your possessions and over your lives.

For example, one evening I met with a woman who was struggling with a territorial demon. She would feel attacked whenever she crossed a certain street on her way home from work. She also had a co-worker at her job who was a witch. This witch was praying curses on her. After meeting with that woman one night, at exactly 3:00 A.M., I had a dream, which was more than a dream, where a demon with red eyes was coming toward me. I bolted awake. That is the only time I have ever had such a dream. If you feel harassed at night in your dreams, you may need to start claiming the blood of Christ over your mind as you sleep. [Note: I do not think all bad dreams are demonic. Sometimes it is nothing more than our subconscious processing areas of stress. Such dreams may actually be instructive as to what we should be praying for, or praying against, in our lives.]

In such situations it is imperative that put on the armor of Christ [Ephesians 6:10-18], and that we pray. We don't need to be fearful, but it should awaken us to the need to pray and spiritually protect ourselves. This is warfare.

**3.** Sometimes a power encounter is necessary to find out how or why a certain demon is harassing a person. I dealt with one Christian who had had sex with a Satanist prior to becoming a Christian. In addressing the demon, we found out the Satanist was praying curses on her. We had the woman renounce all involvement with this man. Then, we bound the demons, and prayed that God would deflect all curses, and put a shield of protection around her. In such cases I've heard of two scenarios: (1) pray that the curses will go back onto the heads of those praying them in order that they will learn not to do that; also praying that God will spare their lives so they will have an opportunity to find the Lord. (2) pray that God will bless them, that they will find salvation. Jesus taught us to pray for and bless those who spitefully use us.

**4.** Another situation which I doubt you will ever encounter, and one that you should refer to someone highly trained, both psychologically and spiritually, is if you deal with people who have been Satanically ritually abused. If the abuse started when they were very young, it is very probable that they may have multiple personalities [called alters, referring to alternate personalities] which were programmed into them by the Satanists. In psychiatric circles this is called MPD [Multiple Personality Disorder], or DID [Disassociative Identity Disorder]. It is one way the survivor was able to block some of the pain, by disassociating from it. Alters are not to be confused with demons. You can cast out a demon. You cannot cast out an alter, because it is part of the person. Some even believe that each alter can also be demonized.

Some ritual abuse survivors may have upwards of 200 alternate personalities, each with their own name and personality. Some of the alters may be suicidal alters programmed into the person by the Satanists so that if ever the person should try to reintegrate all of the personalities back into one, that a

suicidal alter would kick in and the person would commit suicide. The survivor needs to be warned ahead of time to expect strong suicidal thoughts. They are to seek help immediately, and not give in to the suicidal voices.

It takes great sensitivity and understanding to deal with such cases. Many well-intentioned Christians have tried to cast out alters, thinking they were demons, and have unknowingly hurt the person.

Without elaborating any further, here are the basic steps to a power encounter.

1. Repeat the same first 6 steps as if you were doing a truth encounter.
2. Ask God to force to the surface the demon(s) God wants you to address.
3. Command the demons to reveal their true thoughts and feelings to the person's mind without speaking through the person's vocal cords. The less control they have, the better.
4. Command the demons to speak only in direct response to your questions, and nothing more. Command them not to impersonate or hide behind the person's personality. [e.g., "*Demon, I forbid you to. . .*"]

5. Once you are ready to confront the demon(s), I usually begin the session by saying something like this: "*Demon(s) if you are there, I know you can hear me. I outrank you and have authority over you. I forbid you to in any way hide behind \_\_\_\_\_'s personality. I call you to attention in the name of the Lord Jesus Christ. In the name of the Lord Jesus Christ, I command you, 'What is your name?'*"

The responsibility of the one being prayed for is to speak uncensored [whatever comes to his/her mind]. Encourage the person to share any perceptions, thoughts, or feelings as these may be the demon's response. For example, one time I could not get a demon to tell me its name. Finally the person said, the number "3" keeps coming to mind. I commanded the demon to tell me what it meant. As it turned out there were three demons linked to the one sin.

6. Test each and every answer because demons will try to lie. I usually ask the demon(s), "*Will this answer stand before the throne of the true and living God?*" Do not be surprised if the demon says, "*No.*" Sometimes a demon can be quite obstinate. If necessary you may need to read scripture out loud to force them to tell you the truth [e.g., Psalm 18; Colossians 2:9-15, Ephesians 1:18-23, etc.] Threaten to keep reading until the demons(s) tell you the truth. You can also pray and ask the Lord to discipline them more severely if they refuse to cooperate.

Remember, you are to dictate the terms of surrender. Don't let them get away with not responding. If for some reason, they won't comply, ask the person being prayed for if they have any ideas why the demon is not obeying. Once, for example, a friend and I could not get a demon to come out. Finally, the truth came out. The man being prayed for was homosexual, and he didn't want the demon of homosexuality, which had identified itself, to leave.

Another question you can ask a demon if it is not responding, is, "*Are you more than one?*" You may be dealing with several demons. In which case command that the chief ruling demon give its name. Deal with that one first.

Also, pray that the Holy Spirit will reveal any specific truths that need to be known.

7. If you feel led, there are several questions you can ask the demons to gain special insight:

- a. "*How old was \_\_\_\_\_ when you entered him/her?*" If the demon says something like "*since birth,*" or "*In the womb,*" you know it is an ancestral demon. Then you can ask, "*How long have you been in the blood line?*"
- b. "*What has been your primary purpose in \_\_\_\_\_'s life?*"
- c. "*How do you feel toward \_\_\_\_\_?*"
- d. Ask the demon, "*Do you have any legal right to remain in \_\_\_\_\_'s life?*" If the demon says, "*Yes,*" ask the person what sins the demon might be referring to. For example, once a demon of pornography revealed itself. When asked if it had a legal right to stay, it said, "*Yes.*" The man then confessed that he had some pornography magazines hidden at home. He called his wife, confessed to her what had happened, and asked her to destroy them. The man asked for the Lord's forgiveness. Again, I asked the demon if it had a legal right to stay. It said, "*No,*"

and we cast it out.

8. Get the demon to confess that Jesus is *victor*, and that the person being prayed for is victor. For example, “*Do you confess that Jesus is your victor? Do you confess that \_\_\_\_\_is your victor.*”

9. When it comes time to command the demon(s) to leave, repeat the same steps as in a truth encounter.

## CLOSING THOUGHTS

I John 4:4 says, “. . . *the one who is in you [Jesus] is greater than the one [Satan] who is in the world.*” I know that working with demons can be exhausting, and sometimes discouraging, especially when you begin to see how much influence they have in our world, and more specifically, in churches, families, and individuals.

If God calls you to this ministry, get a team of people to pray for you regularly. You will most certainly come under spiritual attack. I recommend you have your prayer team read, *Prayer Shield*, by Peter Wagner. God never promised that being on the front lines would be fun or easy. However, the joy you will have in seeing people set free will more than outweigh any harassment you may experience. Speaking from experience, the harassment I experienced diminished greatly when more people began praying for me.

There may be times God will lead you to pray and fast. [You may not know this, but Satanists pray and fast for the destruction of Christian churches, pastors, etc. If they can do it, so can we.]

Keep focused on Jesus. As one preacher said, “*We gaze at Jesus and glance at Satan.*” Paul wrote, “*Do not be overcome by evil, but overcome evil with good*” [Romans 12:21]. It is easy to get obsessed with demons. Satan would love for us to focus on demons and take our eyes off the beauty of the Lord. Demons are like mosquitoes at a picnic. Don’t let them ruin the picnic. Get out the bug spray!

When you pray for people’s deliverance, things may seem to go in layers. It is like you peel off the top layer of demons, and a few months later, more have surfaced, and God will do a deeper work of healing and deliverance. Allow God the Holy Spirit to direct the timing. For example, a person may be willing to give up certain sins, and you can deal with the demons linked to those sins. At a later time, God may work in them to where they are willing to give up their cherished sins. On rare occasions, I will pray that God will allow a demon to overstep its boundary so the person will become aware of what they are dealing with; a demon. I also pray that God will take all pleasure out of their sinning.

Try not to become black and white in your thinking. Sometimes it is very hard to know what is demonic, what is psychological, or what may be a chemical imbalance. Often it may be a combination of all three. Eliminate the demonic, and whatever is left is stuff the person will have to deal with. Getting Satan out of the picture makes it so much easier to work on one’s problems.

Lastly, this is the Lord’s work, not ours. If ever you feel you’re getting in over your head, there is help. Just as the disciples ran up against a case where they could not cast out a demon, and had to seek help, there may be those times when you need advice. Read other books on spiritual warfare and deliverance. In addition to the books already mentioned, I have found Neil Anderson’s book, “*Victory Over The Darkness*” very helpful. Francis Frangipane’s two books, “*The Three Battleground*” and “*The Stronghold Of God,*” are excellent.

Just like any other area of the Christian life, learning to deal with demons is a growing process that takes time. Ask around, and find people who are skilled in working with such problems. You might also contact Christian organizations such Freedom In Christ Ministries [Dr. Neil Anderson]: <http://www.ficm.org>.

May you remain focused on His beauty and His power.

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**“The worst the devil can do is contribute  
unwillingly to the best that God does.”**

—Peter Kreeft

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## APPENDIX: GOOD NEWS SIN LIST

Why is it called, “*Good New?*”—Because, Jesus Christ died to pay the penalty for every one of these sins. The verse(s) listed after each sin is meant for your own study and encouragement, not to lay on a guilt trip. I list scripture references because each time Jesus was confronted and tempted by Satan in the wilderness, Jesus would quote scripture. If confronted again by the same or a similar demon, you can say, “*Demon, the Word of God says, \_\_\_\_\_, and on the authority given me in Christ I renounce this sin, and your temptation.*”

Before you go through this list, which is quite lengthy, ask God in his love and mercy, to show you which sins may be demonic strongholds in your life. To simplify the process, you may want to group certain sins together [such as sins of the occult, all sins of pride, all sins of lust, all sins of anger, etc.]. Bind to any demon, all demons under its authority. For example, “*Chief ruling demon over all sexual sins, I bind to you in the name of Jesus, all demons under your authority, power, and control.*”

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Abnormal Physical Symptoms:</b> seizures, black outs, cold chills, numbness, buzzing in ears, asthma, pain, fever, voices in your head, etc. [Matthew 9:32; 12:22; 17:15-18; Mark 9:20-29].<br/>NOTE: not all physical symptoms are demonic.</li> <li><input type="checkbox"/> <b>Abortion</b> Psalm 139:11-16; Isaiah 46:3</li> <li><input type="checkbox"/> <b>Abuse:</b> Matthew 18:6; Ephesians 5:11-14; Leviticus 18:-15</li> <li><input type="checkbox"/> <b>Addictions:</b> Proverbs 25:28; Romans 6:2             <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Drugs and alcohol:</b> I Corinthians 6:19,20</li> <li><input type="checkbox"/> <b>Food</b> [gluttony, anorexia, bulimia, etc.]: I Corinthians 6:19,20</li> <li><input type="checkbox"/> <b>Music</b> [I Corinthians 10:14; Philippians 4:8]</li> <li><input type="checkbox"/> <b>Pleasure</b> [Hedonism] Titus 3:3; Hebrews 11:25</li> <li><input type="checkbox"/> <b>Television/Movies:</b> Job 31:1, Psalm 101:3</li> <li><input type="checkbox"/> <b>Tobacco:</b> I Corinthians 6:19,20</li> <li><input type="checkbox"/> <b>Work:</b> Matthew 6:33; II Timothy 2:15</li> </ul> </li> <li><input type="checkbox"/> <b>Aggressiveness/ Assertiveness [unholy]:</b> Proverbs 6:14</li> <li><input type="checkbox"/> <b>Alienation:</b> Psalm 58:3; Jeremiah 2:5</li> <li><input type="checkbox"/> <b>Anger:</b> Ephesians 4:26-31; Jeremiah 2:5</li> <li><input type="checkbox"/> <b>Anti-Jewish:</b> Romans 9:1-5; Zechariah 2:8</li> <li><input type="checkbox"/> <b>Anti-Male/Anti-female [Chauvinism, Woman’s Lib]:</b> Genesis 1:27; I Corinthians 11:11,12</li> <li><input type="checkbox"/> <b>Anxiety/Worry:</b> Psalm 37:8; Philippians 4:6,7</li> <li><input type="checkbox"/> <b>Argumentative:</b> I Corinthians 1:20; II Corinthians 12:20</li> <li><input type="checkbox"/> <b>Bitterness:</b> Ephesians 4:31; Hebrews 12:15</li> <li><input type="checkbox"/> <b>Blame:</b> Romans 14:4-12; I Corinthians 4:1-5</li> <li><input type="checkbox"/> <b>Blasphemy:</b> Leviticus 24:13-16</li> <li><input type="checkbox"/> <b>Bondage:</b> Proverbs 5:22; Acts 8:23; Galatians 5:1</li> <li><input type="checkbox"/> <b>Carelessness:</b> Matthew 13:25; Hebrews 2:1</li> <li><input type="checkbox"/> <b>Childishness/Immaturity:</b> Matthew 13:25; Hebrews 2:1</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Competitiveness:</b> Luke 22:24; I Corinthians 3:3</li> <li><input type="checkbox"/> <b>Complacency:</b> Amos 6:1</li> <li><input type="checkbox"/> <b>Complaining/Grumbling:</b> Philippians 2:14</li> <li><input type="checkbox"/> <b>Condemnation:</b> Romans 8:1</li> <li><input type="checkbox"/> <b>Confusion:</b> II Corinthians 10:4,5; James 3:16</li> <li><input type="checkbox"/> <b>Contempt/Mocking/Scorn:</b> Psalm 1:1; Isaiah 53:3</li> <li><input type="checkbox"/> <b>Controlling/Over-bearing/Manipulation:</b> Ephesians 4:2</li> <li><input type="checkbox"/> <b>Coveting:</b> Ephesians 4:17-19</li> <li><input type="checkbox"/> <b>Critical Spirit:</b> Romans 14:4</li> <li><input type="checkbox"/> <b>Cruelty:</b> Lamentations 4:3</li> <li><input type="checkbox"/> <b>Cults</b> [deny deity of Christ/Trinity]: Matthew 28:19; John 14:6; Acts 4:12; Galatians 1:6-9</li> <li><input type="checkbox"/> <b>Death:</b> II Timothy 1:10</li> <li><input type="checkbox"/> <b>Deceit:</b> Psalm 36:2; Jeremiah 9:8,9</li> <li><input type="checkbox"/> <b>Delusion:</b> Job 38:2; Jeremiah 14:14; Romans 12:2</li> <li><input type="checkbox"/> <b>Denial:</b> Romans 1:18, 19; James 3:14</li> <li><input type="checkbox"/> <b>Depression:</b> Joshua 1:9; Psalm 43:5; II Corinthians 4:8,9</li> <li><input type="checkbox"/> <b>Despair:</b> II Corinthians 4:8; 7:10</li> <li><input type="checkbox"/> <b>Despising:</b> Proverbs 11:12; 14:21</li> <li><input type="checkbox"/> <b>Destroyer</b> [also called <b>Abaddon, Apollyon</b>]: Psalm 17:4; Matthew 7:13; John 10:10; Revelation 9:11</li> <li><input type="checkbox"/> <b>Discontentment:</b> Exodus 16:8; Hebrews 13:5</li> <li><input type="checkbox"/> <b>Discord:</b> Galatians 5:19, 20; Proverbs 6:14</li> <li><input type="checkbox"/> <b>Discouragement:</b> Joshua 1:9</li> <li><input type="checkbox"/> <b>Disobedience:</b> Ephesians 5:6; Titus 3:3; Hebrews 2:2</li> <li><input type="checkbox"/> <b>Division/Dissension:</b> I Corinthians 1:10-13; Ephesians 4:3</li> <li><input type="checkbox"/> <b>Divorce:</b> Malachi 2:13-16; Matthew 19:6</li> <li><input type="checkbox"/> <b>Double-Minded:</b> Matthew 6:24; James 1:6-8; 4:8</li> <li><input type="checkbox"/> <b>Envy:</b> Proverbs 24:19; Romans 13:13; I Corinthians 3:3</li> </ul> |
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- ❑ **Exaggeration:** Proverbs 6:17; 12:22
- ❑ **Evil Desires:** James 1:13-15; 4:1-7; I Peter 2:11,12
- ❑ **Faithless:** John 20:27; II Corinthians 4:4; Hebrews 3:12
- ❑ **False Spiritual Gifts** [Gifts of the Holy Spirit can be counterfeited; such as healing, tongues, miracles, etc. Not all gifts are false gifts. (II Thessalonians 2:9). If the person believes in speaking in tongues, you can have the person speak in tongues, and then command the spirit (not the person) behind the tongue, in the name of Jesus, “Do you confess that Jesus came in the flesh, and that Jesus Christ is Lord?” (I John 4:1-4) If the spirit is the Holy Spirit, the answer will be “Yes.”]
- ❑ **False Teaching:** II Peter 2:1-4
- ❑ **Fear [dread, phobias, anxiety, etc]:** II Timothy 1:7; Romans 8:12-16
- ❑ **Fighting:** II Timothy 2:24-26
- ❑ **Flattery:** Jude 16
- ❑ **Foolishness:** Matthew 7:26; Romans 1:21; Proverbs 12:15
- ❑ **Fraud:** Leviticus 19:11; James 5:4
- ❑ **Gangs:** Psalm 1:1; I Corinthians 15:33
- ❑ **Gossip:** Proverbs 26:20; II Corinthians 12:20
- ❑ **Greed:** Ephesians 4:17-19; Romans 1:18-23
- ❑ **Guilt:** Psalm 32:5; Romans 8:1; II Corinthians 7:8,9
- ❑ **Hatred/Contempt/Malice:** Ephesians 4:29-32
- ❑ **Hedonism** [Pleasure as god]: Titus 3:3; Hebrews 11:25
- ❑ **Hopelessness:** Ephesians 2:12; II Corinthians 4:8
- ❑ **Hostility:** Psalm 129:2; Matthew 5:44
- ❑ **Hypocrisy:** I Peter 2:1
- ❑ **Hysteria:** Psalm 142:6,7; Isaiah 12:2
- ❑ **Idolatry:** I Corinthians 10:19; Ephesians 5:5
- ❑ **Ignorance:** Proverbs 1:22; Hosea 4:6; Ephesians 4:18
- ❑ **Indecision:** I Kings 18:21; James 1:6-8
- ❑ **Inferiority/Inadequacy:** Genesis 1:27; Philippians 4:13
- ❑ **Insanity:** Mark 9:17-29; II Corinthians 10:3-6
- ❑ **Insecurity:** Ephesians 4:14; James 1:6
- ❑ **Intimidation:** Psalm 64:1-8; II Timothy 1:7
- ❑ **Jealousy:** I Corinthians 13:4; James 3:16
- ❑ **Judgmentalism:** Matthew 7:1; Romans 14:4-12
- ❑ **Lack of Praise/Thanksgiving:** Luke 17:18; Romans 1:21
- ❑ **Lack of Self-Control:** II Timothy 1:7; Proverbs 25:28
- ❑ **Laziness/Sloth:** Proverbs 12:24; 13:4
- ❑ **Legalism:** Romans 3:20; 4:15; 6:14; 7:4; 10:4
- ❑ **Loneliness:** Hebrews 13:5
- ❑ **Lovelessness:** I Corinthians 13; II Timothy 1:7
- ❑ **Love of Money/Greed:** I Timothy 6:6-10
- ❑ **Lying:** Ephesians 4:20-25
- ❑ **Masochism/Self-mutilation:** I Corinthians 6:19,20
- ❑ **Materialism:** Matthew 6:19-24; Romans 14:17
- ❑ **Mental Illness:** II Corinthians 10:3-6 [Note: not all mental illness is demonic. Be careful not to prejudge people too quickly.]
- ❑ **Mocking:** Proverbs 17:5; Galatians 6:7
- ❑ **Murder:** Exodus 20:13; Matthew 5:21
- ❑ **Neglect:** Luke 12:47; Hebrews 2:1-3
- ❑ **Nightmares:** Psalm 16:7,8; 91:5; Proverbs 19:23
- ❑ **Occult:** Deuteronomy 18:8-13  
Amulets, Astral Projections, Astrology, Blood Pacts, Charms, Crystals, Channeling, Clairvoyance, Conjuring Spirits, Divination, Dress (jewelry, etc.), ESP, Dungeons and Dragons, Familiar Spirits, Fetishes, Fortune Telling, Ghosts, Gnosticism, Horoscopes, Hypnotism, Leviathan [major demon in witchcraft: Job 3:8; Psalm 74:13,14], Life Readings, Magic, Martial Arts, Mediums, Mind Control, Necromancy, New Age Movement, Occult Literature, Ouija Boards, Paganism, Palm Reading, Pendulum, Psychic Healings, Psychometric Powers; Pyramid Power, Rosicrucianism, Santeria, Sorcery, Spirit Guides, Spiritism, Silva Mind Control, Tarot Cards, Telepathy, Trances, Transcendental Meditation (Note: name of mantra may be a demon’s name), Voodoo, Witchcraft, Yoga, etc.
- ❑ **Other Religions:** John 14:6; Ephesians 2:1-5, Acts 4:12; Galatians 1:6-9  
Animism, atheism, Bahai, Buddhism, Communism, Confucism, hinduism, I Ching, Islam, Taoism, Zen Buddhism, Zoroastrianism, etc.
- ❑ **Over Optimism:** I Corinthians 4:1-7; James 4:13-17
- ❑ **Pan [nature god]:** Deuteronomy 33:13-15; Psalm 24:1
- ❑ **Passivity:** Philippians 4:13; Ephesians 5:16
- ❑ **People Pleasing:** Galatians 1:10
- ❑ **Perversity:** Proverbs 28:6; Isaiah 5:20
- ❑ **Pessimism:** Philippians 4:13; Romans 8:18-25
- ❑ **Phariseism:** Matthew 23:3-36
- ❑ **Powerlessness:** Philippians 4:13

- ❑ **Prejudice/Racism:** I Timothy 5:21; James 2:4
- ❑ **Presumption:** I Corinthians 4:5
- ❑ **Pride/Haughtiness:** James 4:1-10; Philippians 2:11,12
- ❑ **Rage:** Ephesians 4:26-31
- ❑ **Rashness:** Proverbs 14:29; Ecclesiastes 5:2
- ❑ **Rationalism:** I Corinthians 1:19-25
- ❑ **Rejection:** Isaiah 41:9; Hebrews 13:5
- ❑ **Resentment:** Proverbs 19:11; I Corinthians 5:8; 13:4,5
- ❑ **Rebellion:** I Samuel 15:23
- ❑ **Restlessness:** Matthew 11:28; Colossians 3:15
- ❑ **Revenge/Spite:** Romans 12:17-21
- ❑ **Rivalry:** I Corinthians 3:3; II Corinthians 12:20
- ❑ **Sadism/Cruelty:** Psalm 140:1-10; Ezekiel 18:18
- ❑ **Scorn:** Proverbs 3:34
- ❑ **Self-Condernnation:** Romans 8:1; I Corinthians 4:1-5
- ❑ **Self-Hatred:** Matthew 19:19
- ❑ **Self-Mutilation:** Luke 9:39
- ❑ **Self-Pity:** Job 38:3,4; 40:7; 42:3
- ❑ **Selfishness:** Philippians 2:3-11; James 3:14-16
- ❑ **Self-Righteousness:** Matthew 5:20; Romans 1:9-20
- ❑ **Sexual Sins:**
  - ❑ **Adultery:** Ephesians 5:1-13; Romans 6:8-13
  - ❑ **Bestiality:** Leviticus 18:23,24; 20:15,16
  - ❑ **Exhibitionism:** I Thessalonians 4:4
  - ❑ **Fornication:** Ephesians 5:1-13; Romans 6:8-13
  - ❑ **Homosexuality:** I Corinthians 5:6-13; Romans 1:24-32
  - ❑ **Incest/Abuse:** Leviticus 18:6-25; Matthew 7:12
  - ❑ **Incubus/Succubus** [sex with demons]: I Thessalonians 4:3,4
  - ❑ **Lesbianism:** Romans 1:24-32; I Corinthians 5:6-13; 6:9
  - ❑ **Lust:** Ephesians 4:17-19; I Corinthians 5:6-13
  - ❑ **Masturbation** [unholy variety]: I Corinthians 6:12; Romans 14:23; Colossians 3:17
  - ❑ **Necrophilia:** I Thessalonians 4:4 Numbers 19:13;
  - ❑ **Orgies:** Galatians 5:19-21
  - ❑ **Pedophilia:** Matthew 18:6; Mark 9:36,37
  - ❑ **Pornography/Voyeurism:** Numbers 15:39
  - ❑ **Prostitution/Whoredom:** Proverbs 5:3-8; 6:26; Hosea 4:12
- ❑ **Rape:** I Thessalonians 4:3,4
- ❑ **Seduction:** Genesis 3:13; I Timothy 4:1
- ❑ **Unchaste:** Isaiah 52:11; ephesians 4:22
- ❑ **Sickness** [May or may not be demonic.]: Luke 4:40,41; I Corinthians 10:20,21; 11:27-30
- ❑ **Blindness:** Matthew 12:22
- ❑ **Deafness:** Mark 9:25
- ❑ **Epilepsy:** Mark 9:20
- ❑ **Fever:** Luke 4:39
- ❑ **Infirmary:** Luke 13:11
- ❑ **Muteness:** Mark 9:25
- ❑ **Simple-mindedness:** Proverbs 1:22
- ❑ **Slander:** Proverbs 10:18; Romans 1:29,30
- ❑ **Slavery:** Galatians 3:28; II Peter 2:19
- ❑ **Spirit of Ahab** [passivity; refusal to take spiritual leadership]: I Kings 18-20
- ❑ **Spirit of Anti-Christ:** I John 2:18-27; II Thessalonians 2; Revelation 13
- ❑ **Spirit of Babylon** [religious pride, worldliness, self-seeking]: I Kings 18-20
- ❑ **Spirit of Jezebel** [domineering, disdain for male leadership, critical, witchcraft]: I Kings 18-20
- ❑ **Stealing:** Mark 7:14-23
- ❑ **Strife:** II Chronicles 20:15; Proverbs 6:19
- ❑ **Stubbornness:** Deuteronomy 1:43; 9:27
- ❑ **Suicide:** Exodus 20:13; Mark 9:22
- ❑ **Superstition:** I Timothy 4:7; 6:20
- ❑ **Suspicion:** I Corinthians 13:5-7
- ❑ **Swearing/Profanity:** Ephesians 5:1-7
- ❑ **Timidity:** II Timothy 1:7
- ❑ **Unbelief:** Hebrews 3:19-11:6
- ❑ **Unforgiveness:** Luke 7:47; 11:4; Matthew 18:21,22. [This can be a big one. Who are the people in your life whom you have not forgiven?]
- ❑ **Ungratefulness:** Psalm 103:2; Deuteronomy 28:47,48
- ❑ **Unholy music:** I Corinthians 10:14; Philippians 4:8
- ❑ **Unkindness:** Matthew 25:40; Galatians 5:19-22
- ❑ **Unsubmissive:** Ephesians 5:21; Romans 13:1
- ❑ **Unteachable:** II Timothy 2:24-3:5
- ❑ **Vain Imaginations:** Jeremiah 23:15-17; Colossians 3:1,2
- ❑ **Vanity:** Jeremiah 2:13; Acts 14:15
- ❑ **Vulgarity:** Ephesians 4:29
- ❑ **Works:** Jeremiah 2:13; Ephesians 2:8,9
- ❑ **Worldliness:** I John 2:15-17
- ❑ **Worry:** Philippians 4:6,7; Matthew 6:25-34